



Join VGLM & VGEM for a Lunch Cruise

When: June 3, 2025 **Time:** Check-in at 10:30 **Return Time:** 1:30.

Transportation is on your own. (we can car pool) **Price: \$57** (we have 40 reservations) **Payment due by April 28th.** **Make check out to VGLM**

Location: 1 Robbins Parkway, Toms River www.riverlady.com

Menu: *All meals come complete with salad, vegetables, potatoes, rolls and dessert. Coffee and tea are served with dessert.*

MENU

Chicken Francese

A sautéed boneless breast of chicken in a rich sauce with a hint of lemon.

Chicken Marsala

A sautéed boneless breast of chicken in a marsala wine sauce.

Filet of Salmon

Sautéed, served with a lemon & garlic sauce with a hint of pesto.

Eggplant Parmesan

Thinly sliced, crispy-breaded eggplant layered with marinara and melted mozzarella.

Penne Vodka

Penne pasta with vodka cream sauce.

Plain Grilled Salmon (gluten-free) *

This is a very bland meal for people with dietary restrictions. (No salt, no dairy, no gluten) Includes plain steamed vegetables & boiled potatoes without any seasoning.

Gluten-free Pasta Primavera*

A variety of fresh vegetables, tossed with garlic and oil and served over gluten-free penne pasta. (This is also considered a vegan entrée)

**We are not able to provide a gluten-free bread or dessert, but you are welcome to bring your own.*

River Lady Cruise

Name _____ VGLM _____ VGEM _____ No. Of People _____

Luncheon Choice _____

Cell Number _____ Total _____

Contact Sandy at 609-926-2237 or Joan at 973-903-5523 with any questions. We will try to carpool.